





"Are these statements True or False?"

1. Taunting is a playful thing to do with friends. Both give and take equally and it stops when one becomes upset. FALSE- TEASING is a playful thing to do with friends. TAUNTING is intended to harm and continues even if the targeted kid becomes upset.

2 If you hear a rumor, it must pass through 3 tests before repeating it: 1. Is it true?
2. Is it necessary to repeat?
3. Is it kind? TRUE - 1. Is it true? If not, don't say it. If yes 2. Is it necessary to say? If not, don't speak it. If yes- 3. Is it kind? If it is necessary to speak it, say it in a kind way.

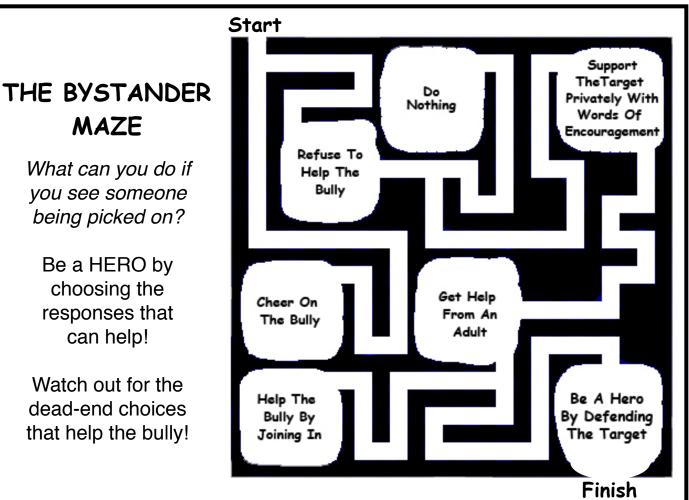
3. If you have bullied someone, you should ignore them and let the hurt fade away. FALSE - A bully's 3 steps (3 R's) include: 1. Restitution- Accepting responsibility. It can involve sincerely apologizing as well as replacing any damaged property. 2. Resolution- figuring how to prevent the situation from happening again. 3. Reconciliation – a process of healing with the person that was harmed. When the other child is ready, they both can work towards creative solutions on how the two can live together.

4. If you tell an adult about someone breaking rules to get them INTO trouble... that's tattling. If someone needs help and telling an adult will get them OUT of trouble... TELL. If someone may get into trouble but telling will get someone OUT of trouble, then TELL. TRUE

What to do if you are being bullied Can you fill in the blanks for these tips?	
Teacher Blame Violence Avoid Parent Alone Confident Administrator Walk	 Avoid

*Studies based on Olweus research.

1 = a 2 = b 3 = c 4 = d 5 = e 6 = f 7 = g 8 = h	THE GOLDEN RULE! Match the letters to the numbers and write the secret message!
9 = i	TREAT OTHERS
10 = j 11 = k	20 18 5 1 20 15 20 8 5 18 19
12 = I 13 = m 14 = n 15 = o 16 = p 17 = q 18 = r	$\frac{T}{20} \frac{H}{8} \frac{E}{5} = \frac{W}{23} \frac{A}{1} \frac{Y}{25} = \frac{Y}{25} \frac{O}{15} \frac{U}{21} = \frac{W}{23} \frac{A}{1} \frac{N}{14} \frac{T}{20}$
19 = s 20 = t 21 = u 22 = v 23 = w 24 = x 25 = y 26 = z	$ \frac{T O}{20 15} = \frac{B E}{2 5} = \frac{T R E A T E D}{20 18 5 1 20 5 4} $



MAZE

What can you do if you see someone being picked on?

Be a HERO by choosing the responses that can help!

Watch out for the dead-end choices that help the bully!